



**ODOM EDUCATION &  
CONSULTANTS**

# CPR Training Programs

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**CERTIFIED PROVIDER:**  
American Heart Association (AHA)  
Since 2010

**PRIMARY INSTRUCTOR**  
April J. Odom



# HEART SAVER CPR/AED

Who should attend this course:

This course is specifically designed for those who have a duty to respond to a cardiac emergency because of their job responsibilities or regulatory requirements. This is typically non-professional healthcare providers who want to learn Cardio Pulmonary Resuscitation (CPR) and the use of an Automatic External Defibrillator (AED).

This course contains:

This AHA approved Heart Saver CPR course teaches you how to recognize an emergency. A mixture of adult, child and infant CPR techniques are taught in addition to rescue techniques for choking victims. Delegates are also taught how to protect themselves by use of barrier devices.

What you will have achieved by the end of the course:

Completion of this course leads to the trainee being certified for two years in accordance with AHA's guidelines. A fully validated 2 year certification card is issued to all successful attendees at the end of the course.

How long will the course last:

To learn the CPR techniques for adults, children and infants takes one hour per component and courses normally cover all three areas hence the course duration of three hours is standard.

**HEART SAVER: \$55**

# BASIC LIFE SUPPORT (BLS)FOR HEALTHCARE PROVIDERS

Who should attend this course:

Healthcare providers include: physicians, nurses, paramedics, emergency medical technicians, respiratory therapists, physical and occupational therapists, physician assistants, residents or fellows, medical or nursing students in training, aides, medical or nursing assistants, and other allied health personnel.

This course contains:

The AHA BLS Healthcare Provider Course is designed to give healthcare providers the ability to recognize life-threatening emergencies. During the course you will learn to give effective adult, child and infant (CPR) and be instructed in how to use an (AED). Also covered will be rescue techniques for choking victims and the correct use of the bag valve mask and protective barrier devices.

What you will have achieved by the end of the course:

Completion of this course leads to the trainee being certified for two years in accordance with AHA's guidelines. A fully validated 2 year certification card is issued to all successful attendees at the end of the course.

How long will the course last:

Approximately 4 hours

**BLS HCP: \$60**

# HEART SAVER FIRST AID/CPR & AED

Who should attend this course:

This course is specifically designed for those who have a duty to learn First Aid, CPR and the use of an AED as part of their job responsibilities.

This course contains:

The AHA Heart Saver First Aid Course covers the identification and basic treatment of adult emergencies. Students are taught what to do in the event of an emergency until professional help arrives and extensive skills practice is used to underpin the topics covered including adult CPR. General health and safety is discussed along with rescue techniques for choking victims. The course also covers general principles of treatment for both medical emergencies and injury emergencies.

Optional topics can be included in this course to cover pediatric CPR and AED and environmental emergencies.

What you will have achieved by the end of the course:

Completion of this course leads to the trainee being certified for two years in accordance with AHA's guidelines. A fully validated 2 year certification card is issued to all successful attendees at the end of the course.

How long will the course last:

This course can be highly tailored to exactly suit your specific requirements.

This means that the duration of the course can vary considerably.

First Aid Only: 2-4 hours

First Aid with CPR & AED 4-6 hours

FIRST AID ONLY:\$95

FIRST AID WITH CPR & AED \$120

# BLOODBORNE PATHOGENS

## Who should attend this course:

The Heart saver Bloodborne Pathogens Course was designed specifically for workers with a reasonable chance of coming into contact with bloodborne pathogens such as correctional officers, childcare workers, security guards, maintenance workers, school personnel, hotel housekeepers, health and fitness club staff, and tattoo artists.

## This course contains:

Heart saver Bloodborne Pathogens teaches employees how to protect themselves and others from being exposed to blood or blood-containing materials. This course is designed to meet OSHA requirements for bloodborne pathogens training when paired with site-specific instruction.

## What you will have achieved by the end of the course:

Completion of this course leads to the individual being prepared for bloodborne emergencies and specific site information. It is recommended to receive training yearly. There is no course card only a completion certificate issued.

## How long will the course last:

This course can be highly tailored to exactly suit your specific requirements.

This means that the duration of the course can vary. General courses are usually less than one hour. We can pair the AHA course with your site specific information.

**BLOODBORNE PATHOGEN: \$50**

**SITE SPECIFIC COURSE: CONTACT FOR PRICING**

# FAMILY & FRIENDS CPR

Who should attend this course:

The Friends & Family CPR Course is intended for anyone who wants to learn CPR in a group environment and does not need a course completion card for a job or other requirements. It is ideal for community groups, parents, grandparents, caregivers, schools and students, and others interested in learning how to save a life.

This course contains:

The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants.

What you will have achieved by the end of the course:

This course is video-led and includes skills practice throughout the course. Skills are taught by using the AHA's research-proven practice-while-watching technique, which allows participants to practice on a CPR training manikin while skills are demonstrated in the course video.

How long will the course last:

This course is approximately 2 hours long

This course is designed for groups. Must have at least 5 students

FAMILY & FRIENDS CPR: \$50

# BLENDED LEARNING

How to complete blended learning:

You can take the majority of the course online at home <https://shopcpr.heart.org> and come into our facility for a hands on skills test.

After completing the online portion of this course, print the certificate and contact us to complete a hands-on session to obtain your course completion card.

Blended courses:

BLS for healthcare providers: Heart code BLS \$31.00

Heart saver First Aid/CPR & AED: Online course \$19.50

Heart saver Pediatric First Aid/CPR & AED: Online course \$20.00

Heart saver CPR& AED: Online course \$15.00

\*amounts paid to AHA in addition to skills check pricing

Price of skills check:

BLS for healthcare providers: \$35.00

Heart saver First Aid/CPR & AED: \$75

Heart saver Pediatric First Aid/CPR & AED: \$75

Heart saver CPR & AED: \$35.00

# FREQUENTLY ASKED QUESTIONS

Where are courses taken?

Courses can be taken at your location or at our site

What is blended learning?

Some courses are offered online through the AHA for the didactic portion and in order to successfully complete the course and receive your certification card you must complete an in-person skills check with an AHA instructor.

What is included in the cost of the course?

Each course includes the use of student books for reference (some books can be taken home and some must be returned). Each course also includes all materials for hands on practice, and a certification card as indicated by AHA.

How are refunds/cancellations handled?

There are no refunds for courses once began. Students are asked to cancel up to 72 hours prior to start time or a cancellation fee may apply. Non attendance of the course will result in forfeiture of entire class fee.

Can you travel to my location?

Yes courses can be completed at your location with a minimum 10 student guarantee. Based on distance some locations will incur a travel fee. Final count and payment 5 days prior to course start

How do I receive my certification card?

After completion of the course you will receive an email (within 48 hours), after completion of the survey your card is immediately available.

# For more information:

## EMAIL

apriljodom@gmail.com

## PHONE

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